

MoATA Hall of Fame Spotlight

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Craig Klos, PT, ATC

Hall of Fame Inductee 2016

By Kaci Ludwig, MAS, LAT, ATC

Career Beginnings

Mr. Klos grew up in St. Louis, MO where he attended high school and realized he enjoyed sports, but did not really have much athletic talent. He was the basketball manager for his team and went through a self-taught Cramer course to learn more about health and first aid. He attended Benedictine College for Athletic Training and was the athletic trainer for the soccer, basketball, and baseball teams. He went on to Physical Therapy school at Marquette University to receive a Bachelor of Science and became the co-owner at Sports Rehabilitation Physical Therapy Associates in Kansas City, MO for 37 years.

Along his career he has worked as an intern for the Kansas City Chiefs; a concussion spotter for the Chiefs and for Kansas University in the Big 12. He was also the Athletic Trainer for Rockhurst High School and an indoor soccer league. He was the Head Athletic Trainer at Marquette University for two years before finding his home at the Concentra Urgent Care: out-patient physical therapy.

Mentors

Mr. Klos said his greatest mentors were Terry Hanson, ATC at Benedictine College who helped guide him in his early career years.

Dr. Baumann who was the head ATC for the St. Louis Cardinal baseball team who helped advise him to move up in his career and become a Physical Therapist.



Advice for Young Professionals

Mr. Klos's best advice is to expand your horizons beyond being an Athletic Trainer at secondary or college. See what you can do at the education side, orthopedic side, or even the administration side.

He wants to see more young kids interested in our profession with different backgrounds from learning and who may be interested in learning about physical therapy, functional training, or outside-of-the-box approaches to rehabilitation.

Mr. Klos recommends young professionals to read through the Chain Reaction course found on www.gyainstitute.com

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Memorable Moments

Mr. Klos has many memories throughout his time as an Athletic Trainer and Physical Therapist. His defining moment was while working with professional soccer team and at the Division 1 levels. He felt that the endless hours of work he would put in for his team always ended in failure for them until one day he saw his teams reach their goals of champions and he was part of it. He worked with the KC Comets when they won their championship; he was with Rockhurst High School when they won their state championship.

He has too many memories to only pick one while working with the NCAA Big 12 teams for 26 years and the Rockhurst High School teams for 15 years.

His funniest story of all the teams and athletes he worked with is with a Rockhurst High School boys soccer player. He was working a game when the young man flopped down and started to be over-dramatic, rolling all over the ground and shouting in pain. Mr. Klos calmly started to walk towards him and as soon as he reached the young man, that young man popped right up like nothing was wrong. Mr. Klos yelled at him with something along the lines of “don’t you dare stand up after I just walked all the way over here. You stay down until I say you can get up!”

Contributions to the Profession

Mr. Klos has always been in a proactive manner when it comes to the profession. He strives to get the young professionals involved and reach out to different boundaries. He has contributed knowledge from all unique levels- High school, College, and Professional.



Are you a Young Professional Athletic Trainer in Missouri? Join our Facebook Group at [MoATA Young Professional Athletic Trainers](#) to engage with peers about the transition to practice and professional socialization. Also follow us on Twitter [@MoATA_YP](#) for information on upcoming events and relevant news!