

Becoming a YP Boss

Advice from my career path, and suggestions
on what NOT to do.

Background

- My name is Blaise D. Kriley MS, LAT, ATC
- Hometown: Stockton, Ks. (Hays, Ks area).
- Undergrad: Emporia State University
- Masters: Northwest Missouri State University and Emporia State University

Work Experience

- Grad Assistant: Northwest Missouri State University
- Assistant Athletic Trainer: Emporia State University
- Head Men's Athletic Trainer: Emporia State University
- Head Athletic Trainer: Missouri Western State University

Short Bio





Family

- What are the steps working up the career ladder?
 - Be reliable and dependable
 - Take on extra responsibilities
 - Put yourself out of your comfort zone
 - Network
 - Don't shy away from leadership roles
 - Learn to say "NO"



Working up the Ladder

- Fortunately didn't have many issues with these.
 - If you say your going to do it, DO IT.
 - Do it the right way, NO SHORTCUTS
 - DON'T PROCRASTINATE
 - If an issues arises and you can't fulfill the commitment, alert other parties involved immediately
 - People understand thigs happen and obligations can't be met.
 - What they don't understand is why they weren't informed that you couldn't fulfill this obligation.

Reliability and Dependability

- Bosses always notice who does extra... Or nothing!
 - Don't be scared to take on a new responsibility.
 - Often leads to great experiences and learning
 - How to start new programs
 - Who to get advice or help from to start projects
 - How to find resources
 - Start early, take on small tasks and work up!

Do More



- Doing the same thing every year never improves what you do:
 - Evaluate your staff and yourself. Be honest, but not rude or mean.
 - Look into new techniques
 - Think about the patient now and in the future, how can the current system be better for you and him/her

Be Uncomfortable

- Go to Conferences
 - NATA
 - District
 - State
- Volunteer for Committees
 - You will learn so much
 - Great Resume Builders



Make New Friends

- Leadership does not mean “being in charge”
 - Sacrifice
 - Serving Others
 - Placing others needs before your own
 - Making the hard decision
 - Being fair
 - Listening
 - Researching



Open up to being a Leader

- It's okay to say "No"
- Lot's of people will want you time
- Learn to say "No" for yourself, Family, and Friends
- Some things you can't say "no" to. But you will learn differences.

Say "No"

Congrats, you're a Head Athletic Trainer! Or maybe the only one employed... Now what?



Now You're the Boss

- How is your employment set up
 - What is the chain of command?
 - Get to know superiors and co-workers
 - Who takes care of what responsibilities
 - Facilities
 - Finances
 - Legal Council
 - Interoffice disagreements
 - Other health care providers?

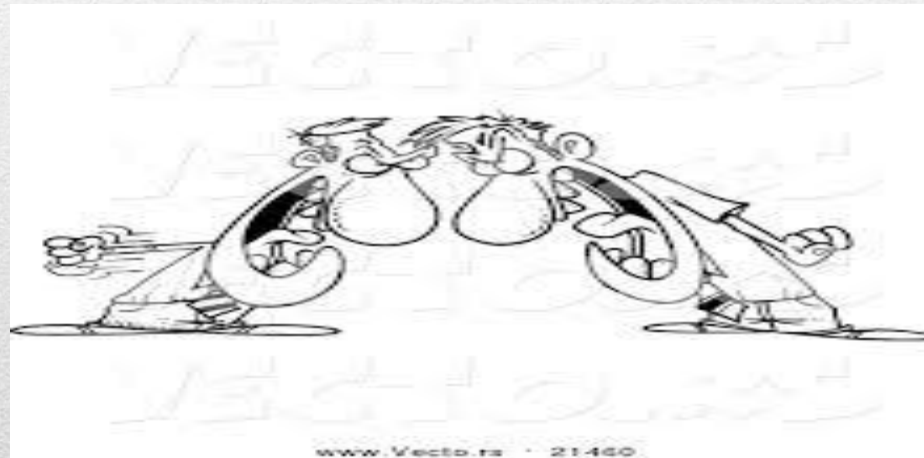
**Learn your work
community**

- Review all policies and procedures.
- Is there a current EAP?
- Are there policies that need to be created
- Speak with legal council and compliance
- Speak with Boss about history of the policy



Review Policies and Procedures

- Learn how you deal with conflict
- How do specific co-workers deal with conflict
- Always keep it professional
- Come with solutions ready to go.



Conflict Resolution

- Review your budget
 - Items that need added
 - Items that need removed
- Do you get money for Prof. Development?
- Are there grants available?
- Speak with your finance person
 - Other accounts you can use
 - Can you fundraise?



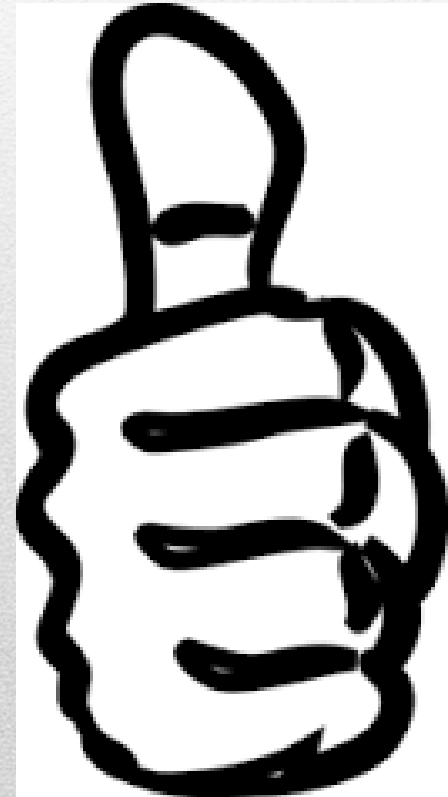
Budgets

- Are you properly staffed for your clinic?
 - Avenues to get staffed correctly
 - Can you hire new positions
 - Internships
 - Local hospital contract



Staffing

- If you don't know... it's okay to say “ I Don't Know”
- Do your research on issues
- Keep your composure
- Remember the priority- Patient
- Everything will work out



In Conclusion
