

# Joseph M. Whetstone, MS, ATC, LAT, ITAT, NASM-CES, PES

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## PROFESSIONAL CREDENTIALS

BOC Certified Athletic Trainer # 2000000437  
Missouri Athletic Training License #2013028790  
Kansas Athletic Training License #24-01255  
NASM-CES Certificate # 1431263  
NASM-PES Certificate # 1441816  
National Provider Identifier # 1447522586  
ImPACT Trained Athletic Trainer (ITAT)  
NASE-CSS Certificate # CU011816-219  
FIFA Diploma in Football Medicine

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## EDUCATION

Master of Science in Exercise Science and Health Promotions  
Concentration in Sport Psychology  
California University of Pennsylvania, December 2016

Bachelor of Science in Education  
Concentration in Athletic Training  
Wright State University, August 2008

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## WORK EXPERIENCE

**Clinic Operations Manager, Athletic Trainer, Chief Orthopedic Navigator** - August 2016-Present  
*Advanced Orthopedics & Sports Medicine, Kansas City, MO*

- Athletic Trainer & Clinical Assistant
  - Day to day operations of orthopedic clinic with Dr. Matthew C. Daggett, D.O., Dr. Kevin A. Witte, D.O., Dr. Timothy P. Roberts, D.O.
  - Athletic training / clinical staff management; Facility Management
  - Durable medical equipment fitting
  - Application and removal of casts and splints
  - Patient education
  - Home exercise program development and implementation
  - Insurance coordination
  - Communication with referring physicians and healthcare providers
  - Inventory, bidding, and ordering of medical equipment and supplies
  - Research into injury preventative techniques
  - Research into orthopedic techniques
  - Patient outcomes tracking
  - Development of worksite health promotion program
  - Facilitation of pre-participation examinations for area high schools and colleges
  - Marketing and promotional strategy development.
  - MRI, Surgery, and Laboratory scheduling
  - Review of diagnostic testing
  - Experience in coding & billing
  - Prescription & injection preparation
  - Development and implementation of continuing education opportunities
  - Preceptor for University of Central Missouri ATS
  - Monitoring of Accounts Receivable / Accounts Payable

**Athletic Trainer, Clinical Assistant**, April 2016-July 2016  
*Orthopedic Surgeons, Inc*, Kansas City, MO

- **Athletic Trainer & Clinical Assistant**
  - Day to day operations of orthopedic clinic with Dr. Matthew C. Daggett, D.O.
  - Durable medical equipment fitting
  - Patient education
  - Home exercise program development and implementation
  - Insurance coordination
  - Communication with OSI Physicians and referring physicians and healthcare providers
  - Inventory, bidding, and ordering of medical equipment and supplies
  - Research into injury preventative techniques
  - Research into orthopedic techniques
  - Patient outcomes tracking
  - Development of worksite health promotion program
  - Facilitation of pre-participation examinations for area high schools and colleges
  - Marketing and promotional strategy development.

**Athletic Trainer**, July 2014-April 2016  
*Mosaic Life Care*, Kansas City, MO

- **Athletic Training Services, Primary Coverage of Oak Park High School**
  - Day to Day Care of all Student-Athletes
    - Sports Sideline Coverage: Football, Girl's & Boys' Basketball, Girl's & Boy's Soccer, Baseball, Softball, Wrestling, Track & Field, Volleyball
  - Management and Improvement of Athletic Training Facilities
  - Instruction and Mentoring of Athletic Training Student Aides
  - Facilitated on-campus pre-participation examinations
  - Utilization of the ImPACT Program
  - Communication with Mosaic Sports Medicine and Orthopedic Physicians
  - Inventory, bidding, and ordering of athletic training room supplies
  - Education of students, parents, coaches, administrators, faculty and staff on sports related injuries and illnesses
  - AED Maintenance
  - Preceptor for Park University ATS
  - Helped Oak Park High School to achieve national recognition through being awarded the Safe Sports School Award from the National Athletic Trainers' Association
  - Helped Oak Park High School and Mosaic Life Care to join the Call to Action of the Youth Sports Safety Alliance.
  - Helped Oak Park High School to be recognized by the National Youth Sports Health & Safety Institute as a "Best Practices Partner"
  - Implementation of Continuing Education Programs with approval from the Board of Certification, INC
  - Hosted Student Sports Medicine Workshop – Workshop Coordinator, July 2015
  - Developed Emergency Action Plans for Secondary Schools covered by Mosaic Life Care Athletic Trainers

**Athletic Trainer**, August 2013-July 2014  
*Pinnacle Therapy Services*, Kansas City, MO

- **Athletic Training Services, Primary Coverage of Oak Park High School**
  - Day to Day Care of all Student-Athletes

- Sports Sideline Coverage: Football, Girl's & Boys' Basketball, Girl's & Boy's Soccer, Baseball, Softball, Wrestling, Track & Field, Volleyball
  - Management and Improvement of Athletic Training Facilities
  - Instruction and Mentoring of Athletic Training Student Aides
  - Facilitated on-campus pre-participation examinations
  - Utilized ImPACT Program
  - Inventory, bidding, and ordering of athletic training room supplies
  - Education of students, parents, coaches, administrators, faculty and staff on sports related injuries and illnesses
  - Preceptor for Park University ATS
- **Marketing Representative**
  - Represented Pinnacle Therapy Services with Physicians, Nurses, and other healthcare providers
  - Regularly partake in national sales conference calls
  - Attend monthly meetings with Clinic Directors

**Assistant Athletic Trainer**, August 2010-August 2013

*Florida Gulf Coast University, Fort Myers, FL*

- Primary Sport Assignments of Baseball, Men's & Women's Golf
- Coordinator of Athletic Training Services
- Insurance Coordinator
- Coordination of Physician Clinics
- Day to Day Care of Student-Athletes
- Management of Athletic Training Staff
- Facilities Supervisor
- Coordination of Drug Testing
- Instruction of Athletic Training Students
- Helped Facilitate In-House Pre-Participation Examinations
- Utilized ImPACT Program
- Research into various sports injuries, treatment methods, etc.
- Inventory, bidding, and ordering of athletic training room supplies
- Atlantic Sun Conference Tournaments – Site Director for Sports Medicine
  - Women's Soccer – November 2011, November 2012
  - Men's Soccer – November 2012
  - Men's and Women's Cross Country – October 2012
  - Volleyball – November 2009, November 2010

**Intern Assistant Athletic Trainer**, August 2008-July 2010

*Florida Gulf Coast University, Fort Myers, FL*

- Primary Sport Assignment of Baseball
- Day to Day Care of Student-Athletes
- Instruction of Athletic Training Students
- Helped facilitate in-house pre-participation examinations
- Utilized ImPACT Program
- Communication and collaboration with FGCU Physicians

**Athletic Training Student**, Sept 2004-August 2008

*Wright State University, Dayton, OH*

- Men's and Women's Basketball, Baseball, Volleyball, Women's Softball, Men's and Women's Soccer, Men's and Women's Cross Country, Men's and Women's Tennis, Athletic Training Room Coverage
- ***Tecumseh High School***, September-November 2007
  - Football
- ***Baltimore Ravens Professional Football Team***, July-September 2007
  - Football Camps, Preseason Games, and First Game of Regular Season
- ***Wittenberg University***, August 2006-November 2006
  - Football, Women's Soccer
- ***Beavercreek High School***, January 2005-March 2005
  - Boy's and Girls' Basketball, Wrestling

**Athletic Training Student Aide**, August 2000-June 2004

*Tecumseh High School*, New Carlisle, OH

- Assisted Head Athletic Trainer with daily operations of Athletic Training Room
- Game day coverage of Varsity Sports
- Attended various Sports Medicine – Athletic Training Workshops

## TEACHING EXPERIENCE

### Adjunct Instructor

Park University, August 2015 – June 2016

- Courses Taught:
- AT246 – Clinical Education in Athletic Training I
- AT250 – Exercise Physiology
- AT 261 – Foundations of Athletic Training
- AT 347 – Clinical Education in Athletic Training II
- AT 355 – Therapeutic Modalities
- AT 356 – Administration in Athletic Training
- AT 365 – Advanced Athletic Training

## RELEVANT SKILLS

- CPR, AED, & First Aid Certification – American Heart Association
- Immediate Post-Concussion Assessment and Cognitive Testing
  - ImPACT Trained Athletic Trainer
- Athletic Injury Prevention and Risk Management
- Treatment, Rehabilitation, and Reconditioning of Injuries
- Recognition, Evaluation, and Assessment of Injuries and Illnesses
- Operate Modality Machines and Other Therapeutic Equipment
- Implement Exercise and Rehabilitation Programs
- Proficient Knowledge in Anatomy, Physiology, and Biology
- Health Care Organization and Administration
- Microsoft Office; Electronic Medical Records
- National Academy of Sports Medicine
  - Corrective Exercise Specialist Certification
  - Performance Enhancement Specialist Certification
- National Association of Speed & Explosion
  - Certified Speed Specialist

## PUBLICATIONS

- Whetstone JM, Felton SD, Mullaney KP, Albritton. Chronic Elbow Injury in Intercollegiate Baseball Pitcher. *Journal of Athletic Training*. 2013; 48(3)(supplement): S-138
- Estes, MA, Felton, SD, Whetstone, JM, Schiegner, N, Guerra, JJ. The use of Autologous conditioned plasma to treat chronic patella tendinitis: A case analysis. *Journal of Athletic Training*. 2010; 45(3)(supplement): S-96

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## PROFESSIONAL & INVITED PRESENTATIONS

### 2018

- MAATA Annual Meeting & Symposium, “The Latarjet Procedure: A European Approach to Anterior Shoulder Instability” (EBP-CE)
- University of Saint Mary ATEP, “Athletic Training in the Clinical Setting”
- Kansas City Cycling Club, “Injury Prevention in Cycling”
- Ray-Pec High School Athletic Training Class, “Athletic Training in the Orthopedic Clinic”

### 2017

- MoATA Annual Meeting & Symposium, “Return to Play in 2 Months Following Primary ACL Repair: A Case Study”
- PBATS “The Anterolateral Ligament, A New Perspective on ACL Reconstruction” (EBP-CE)
- Brain Injury Association Statewide Meeting, “Baseline Testing”
- University of Central Missouri ATEP, “Documentation in the Clinical Setting”

### 2016

MoATA Annual Educator and Student Leadership Conference, “Professional Networking”

### 2015

- MoATA Annual Meeting & Symposium, “Promoting the Value of the Athletic Trainer in the Secondary School Setting”
- Northland CAPS “Careers in Athletic Training”

### 2008

- OATA Annual Meeting & Symposium, “Student Leadership”

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## PROFESSIONAL MEMBERSHIPS & PARTICIPATION

- Member - **National Athletic Trainers’ Association** – Member #996895 (2004-Present)
  - Volunteer - Annual Meeting, 2005, 2014, 2015
  - Young Professionals Committee District 5 Representative (2018-present)
- Member – **American College of Sports Medicine** – (2015-Present)
- Member – **Mid-America Athletic Trainers’ Association** (2013-present)
  - Young Professionals’ Committee Chair (2018-present)
- Member – **Missouri Athletic Trainers’ Association** (2013-Present)
  - Public Relations Chair – Executive Committee – (2016-Present)
  - MoATA Website Manager (2014-Present)
  - Annual Meeting Local Committee Chair (Kansas City, MO; 2016)
- Member – **Southeast Athletic Trainers’ Association** (2009-2013)
- Member - **Athletic Trainers’ Association of Florida** (2009-2013)
  - Lee County Representative (2011-2013)
- Member – **Great Lakes Athletic Trainers’ Association** (2004-2009)
  - Student Senator-Ohio Representative (2007-2009)
  - Winter Meeting Co-Chair (2007-2009)

- Member – **Ohio Athletic Trainers' Association** (2004-2009)
  - Student Representative, Executive Committee (2007-2008)
- Assisted with FGCU Prospective Athletic Training Students Program (2008-2013)
- Assisted with FGCU Sports Medicine Club (2008-2013)
  - Helped form SEATA Quiz Bowl Team for FGCU in 2011
- Wright State University Athletic Training Student Organization (2004-2008)
  - President-Elect-2005-2006                      ■ President-2006-2007
  - Immediate Past President-2007-2008       ■ Guest Speaker, 2007
  - Student Aide Workshop Co-Coordinator, 2007
- Attended the National Youth Sports Safety Summit – 3/2015
- Brain Injury Association of Missouri
  - Local Planning Committee for statewide Sports Concussions: Facts, Fallacies and New Frontiers, 2016, 2017, 2018, 2019
  - Organized team for “Bowling for Brain Injury” event, 2016, 2018
- Initiated talks of addition of Athletic Trainers to Kansas City Parks and Recreation
- Initiated development of a **Kansas City Athletic Trainers' Society**
  - President (2016 – 2018)
    - Meeting Host – Oak Park High School - 7/2015, 9/2015

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## PROFESSIONAL ACTIVITIES & WORK

- Kansas City Stampede Wrestling Tournament – 12/2015, 12/2016
- Medical Volunteer – Kansas City Marathon – 2015, 2016, 2017, 2018
- Volunteer – MO Regional Basketball Tournament Special Olympics – 2015
- Pre-Participation Exams – FCKC Women's Professional Soccer Club – 2014, 2015
- Volunteer – KCUMB Cliffhanger 8k & 5k – 11/2014
- Volunteer – Run for Little Hearts 10k & 5k – 5/2014
- E-Camps GameBreaker Lacrosse Camp – July 2011, 2012
- Miami Dolphins Youth Football Camp – July 2010
- Volunteer - Dayton Ohio Special Olympics Track – 2005, 2007
- Volunteer - Kettering Sports Medicine Center's Annual Athletic Training Student Aide Workshop – 2004, 05, 06, 07
- Athletic Training Student Aide – Miami Valley Football Coaches Association North/South All Star Game June – 2005, 06, 07, 08, 09
- Athletic Training Student Aide- OHSAA State Cross Country Meet – 2007
- Participated in OATA Quiz Bowl, 2006, 2007, 2008
- Athletic Training Student Aide - Jingle Bell 5k Run for Arthritis – 2004, 2005

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## HONORS AND AWARDS

- MAATA Young Professionals' Committee Distinction Award – 2017
- Training & Conditioning Magazine MVP AT Award Program-Honorable Mention - 2016
- Mosaic Life Care - MVP/Athletic Trainer of the Year – 2015
- Ohio Athletic Trainers' Association Scholarship – 2006
- Greater Dayton Athletic Trainers' Association Eddie Kwest Memorial Scholarship - 2004

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## PROFESSIONAL DEVELOPMENT

- NATA Leadership Academy – In Progress